

Code of Outdoor Therapy Ethics

G - R - O - W - I - N - G

G: GIVE gratitude for Nature's ability to heal.

R: RESPECT all regulations, restrictions, and closures.

O: OWN your impact. Tread lightly to minimize impacts.

W: WORK to give back to nature through donations or volunteer efforts.

I: INTEGRATE ethical considerations relevant to professional counselors.

N: NO harm caused to people or planet.

G: GET regular consultation and supervision for nature-informed therapy.



Center for Nature Informed Therapy