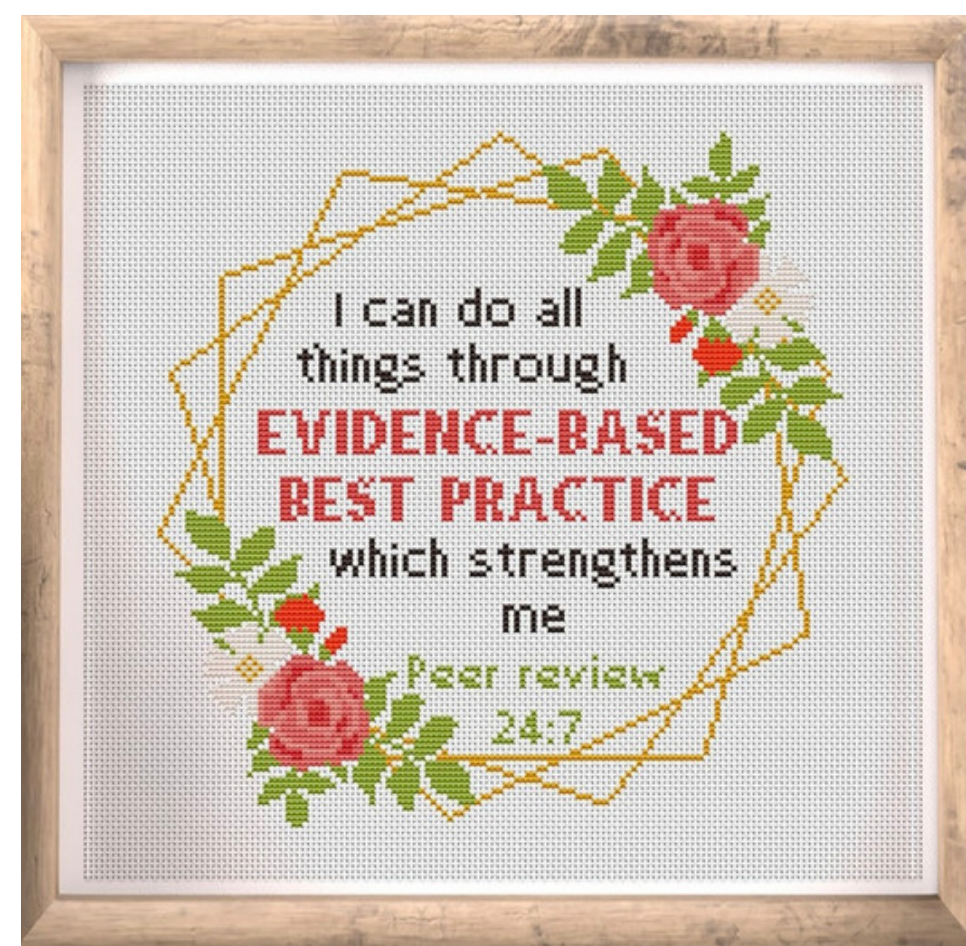


# SOCIAL STITCHING FOR THERAPISTS



Does the idea of slowing down your day for a bit, connecting with new people working on a common project, and ending up with a new creation made with your own hands sound appealing to you?

If so, please consider joining us next month for our next Social Stitching group.

This upcoming group in January is specifically for therapists and mental health providers. The intention behind it is to have a space where we can build and deepen relationships and connections while we work on our respective projects. This is a time for us to gather as providers, without our roles or responsibilities, and be able to connect as people with one another. This is not a clinical process group or any type of group therapy and no previous needlework experience is needed.

**What:** Cross-stitch of "Evidence Based Practice"

**Where:** Virtually through Google Meet

**When:** Saturday afternoons from 12p-1:30p (1/28, 2/4, 2/11, 2/18, 2/25, 3/4)

**How:** Register at <https://www.meaganfaraonelcsw.com/social-stitching>

**Cost:** \$70-\$90 (depending on if you choose to pay as you go or in full when you enroll)

*\*Group is limited to 8 members, Registration deadline is 1/15\**

When you sign up, you will reserve your spot in this small group for all 6 weeks as well as receive a complete cross-stitch kit with everything you need to create the project we will be working on together, delivered directly to your home.

### **Pay as you go option**

An initial deposit of \$30 is required to cover the cost of materials and shipping as well as reserve your spot in the group. The credit card you add on file will be charged \$10 the morning of each stitching session, regardless of your attendance (as this is an installment plan, not a fee for service arrangement).

*Hosted by Meagan Faraone, LCSW with Seeds of Change, PLLC*